



FAITH, FAMILY, FRIENDS

Broken Arrow Church of Christ

ANDREW LEMUS

FEBRUARY 26, 2023

GET IN SHAPE

If you are like most people, I am sure you see some things that can be worked on when you look in the mirror. From that extra cushion to that weak looking muscle, our reflection often shouts for transformation, and sometimes after looking at it for a while (weeks, months, years) we might finally get motivated to do something about it. Perhaps some of us even made New Years resolutions to start to reshape that figure we see in the mirror.

I want to use that thought of ours and insert a truth, so that when you do look in the mirror and think about the improvements needed to that body of yours, you recall this trustworthy saying.

*"On the other hand, discipline yourselves for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. It is a **trustworthy statement** deserving full acceptance." Paul the Apostle (1Timothy 4:7b-9)*

When it comes to priorities, Paul makes it clear that the first mirror we should be looking into each day is the mirror of God to reflect how to be like Him and how we can be godly. Sure, get that body in shape and honor the vessel God has blessed your soul with, but do so with the understanding that in the grand scheme of things, it really is of little profit when compared to our spiritual body being in shape. This body of ours is going to wear out, get old, lose its form, and eventually die. Our soul, well it will live for eternity!

So what does a spiritual regimen of fitness look like for a healthy Christian? Well, since Timothy was growing lethargic in his walk with God I think it would be wise to look at the spiritual regimen that Paul assigned to him to get him back into spiritual shape.

EVANGELIZE (1Timothy 1:3-20) – Like drinking an energy drink or having that espresso shot, sharing the gospel with the lost provides a much needed shot in the arm to energize the faith of Christians.

PRAY (1Timothy 2:1-8) – There is no better personal trainer for your spiritual health than God. He is there for each of us to hear our struggles, see our obstacles, and help us to trim that fat of ungodliness that we are carrying around with us. Make sure that prayer is part of your spiritual regimen.

STUDY (1Timothy 3:14-16) –The word of God reveals what our behavior should and shouldn't be in Christ. It is that spiritual mirror that helps us to see all of our blemishes and fully equip us for every good work. Passionate about being spiritually healthy? Get in the word!

EDIFY (1Timothy 4:11) – We don't skip edification day! We depend so much on one another to stay motivated, to keep walking in the light, and to exhort each other when we are faltering. Having a spiritual spotter by your side as you spiritual train is essential for spiritual health.

Ready to start transforming that soul, shedding that ungodliness that grips you like love handles, and begin your spiritual regimen? Grab a sticky note, write down 1Timothy 4:7-9 on it, and put it on the mirror that you first look into every morning. It's time to be spiritually transformed!

MORNING WORSHIP

Worship Leader - Justin Talbert

Welcome

Shepherd's Prayer – Jerry Lundy

Children's Bible Hour Dismissal

James 1:19-27 - Matt Robinson

Message: "God's Transforming Word"

Speaker - Tim Pyles

Communion Thoughts – Jared Harris

The Bread - Brandon Tener

The Cup - Erik Bailey

Closing Prayer - Rich Kilmer

EVENING WORSHIP

Worship Leader - Clayton Francis

WELCOME GUESTS!

Broken Arrow Church of Christ is a place for Faith, Family, and Friends. We invite you to join us on our journey of faith as we seek to glorify God, follow the teaching and example of Jesus, and live in step with the Spirit through worship and praise, the study of Scripture, fellowship, daily discipleship, and service to our community. We are honored that you have chosen to worship with us this morning. If you would like to learn more about the Broken Arrow church or just have questions about the Bible and what it means to truly follow Jesus, the shepherds and ministry staff would welcome the opportunity to talk with you.

CONGREGATIONAL NEWS

Women's Ministry Cookie Exchange: Eat, Drink & Have Cookies! Friday, February 24, from 6:30-8:00 pm in the Fellowship Hall. Details are in the foyer, Realm and Facebook.

Clothing Room Opening: Saturday, February 25, from 9:00-11:00. Additional volunteer help would be appreciated.

Men's Prayer Breakfast: Saturday, March 4, at 8:00 am in the Fellowship Hall. Cost is \$5.00

Let's Celebrate: Wedding Shower for Macy Keele and Avery VanTuyl on Sunday, March 12, at 3:00 pm in the parlor. You can find their registries at Target and Amazon.

Momentum Men's Conference: "Being A Strong Man in the Lord". March 25 from 8:30-4:30 at Southwest Church of Christ in Oklahoma City. More information to follow.

Clothing Room Needs: The Clothing Room accepts donations of much more than just clothing. They offer household items to the public, counter top appliances, pots, pans, sheets, blankets, towels, etc. as well as shoes and clothing of all kinds and sizes for all ages, babies through adult.

YOUTH AND FAMILY

Pop Up Bible Study: How To Study The Bible Part 2. Friday, February 24, from 6:00-8:00 pm for all girls 6th-12th grades at the home of Aimee Lemus. Bring Bibles, a pen, highlighter and color pencils.

High School Devotional: Sunday, February 26, at the home of Andrew and Emily Patterson from 6:00-8:30 pm. Bring a friend.

High School Boys: Monday, March 6, from 6:00-8:00 pm at the home of Nathan Lee, 6789 S 289 E Ave. Bring your dinner.

Girls Bible Study: Tuesday, March 7, from 6:00-8:00 pm at the home of Wendy Lee, 6789 S 289 E Ave. Dinner will be provided.

Spring Break Schedule

| | |
|----------|---|
| March 13 | SALT |
| March 14 | High School Hang Tabitha & Timothy Classes |
| March 15 | Class & Games |
| March 16 | Rec & Dinner |



Golden Agers
Game Day/Night

ages 55+

March 2 2-5 pm
March 7 6-9 pm

in the Parlor



EAT, DRINK, AND HAVE
COOKIES!

BACOC WOMEN'S MINISTRY
COOKIE EXCHANGE

FRIDAY, FEBRUARY 24
6:30 PM TO 8:00 PM
BROKEN ARROW CHURCH OF CHRIST
FELLOWSHIP HALL

DETAILS IN THE FOYER, REALM, & FACEBOOK

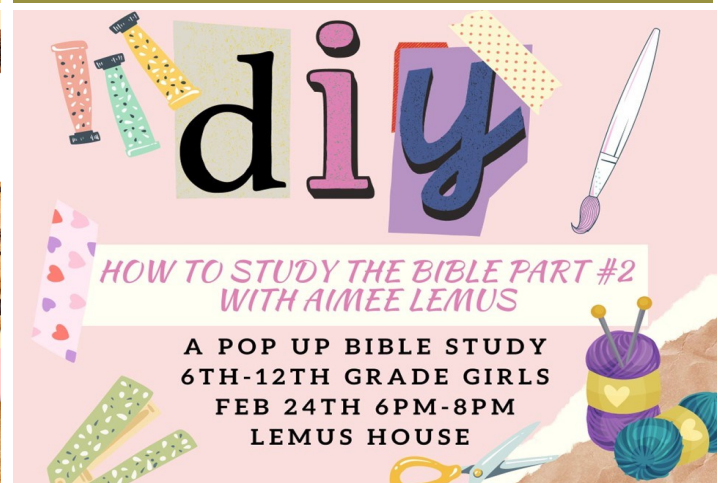


ROBBERS CAVE
FAMILY RETREAT

MARCH 3-5

FAMILY TENT CAMPING ~ GROUP CAMP
RV CAMPING ~ PARK CABINS

STAY TUNED FOR MORE DETAILS



diy

HOW TO STUDY THE BIBLE PART #2
WITH AIMEE LEMUS

A POP UP BIBLE STUDY
6TH-12TH GRADE GIRLS
FEB 24TH 6PM-8PM
LEMUS HOUSE

IN YOUR PRAYERS

Suzie Billingsley, member at 29th & Yale, longtime Kids Kare teacher and mother-in-law of Paul Walvoord, has begun a course of treatment following a diagnosis of stage 4 liver, stomach & pancreatic cancer.

Paisley Cowles is showing improvement but continues with ongoing medical tests and procedures to determine the cause of anemia.

Benjamin Eisenlohr, newborn grandson of Greg and Carla Bare was released from the NICU on Thursday.

Heidi Keesey, a friend of Marie McCarthy, is hospitalized following a severe fall.

Freddie Martin, father of Dana Ester, was involved in a farming accident last week that included hospitalization. Freddie has been released from the hospital and is being cared for at home by Dana. Mark and Dana are frequent visitors at BA.

Marie McCarthy is undergoing tests and biopsies of her thyroid.

Linda Reeder had a bile duct procedure on Wednesday and will have surgery to remove her gall bladder today, February 23.

Wade Sewell is recovering from second degree burns which occurred in an accident at home.

Nick Tucker, nephew of Kim Martin, a Kids Kare teacher, is struggling with life issues.

FAMILY AND FRIENDS PRAYER NEEDS

| | | |
|-------------------------|------------------|------------------|
| Cindy Acord | Glenda Cole | Sam Orr |
| Acuna Family | James Cole | John Rampey |
| Bob Aden | Charissa Cozort | Virgil Romine |
| Dianna Arriola | Jessica Dickey | Patsy Romine |
| Feroze Baksh | Chris Duncan | Charles Spellman |
| Jack & Joyce Ball | John Garner | Sue Street |
| Susie Billingsley | Brailee Green | Gwen Stroup |
| Glenda Brooks | Jim Hoffmeister | Marvin Tacker |
| Chris Brown | Renee Humphrey | Laura Townsley |
| DC Brown | Dottie Kidney | Ukraine |
| Jakaya Buntin | Heather McCarthy | Ethan Vess |
| Jayniaha Buntin | James McCarthy | Kyle Walton |
| Carly Campbell | Marcia McKinney | Jim Ward |
| Joni Carmack | Vi Nail | Joyce Ward |
| Terry Casey | Helen Norris | |
| Women's Prison Ministry | | |

SHUT-IN

| | | |
|------------------|--------------------|-------------------|
| Sandra Baker | Mary Harper | June Smith |
| Wanda Blair | Bill Helm | Dianna Wetzel |
| Betty Cole | Betty Kirkland | Jerial Williamson |
| Betty Crittenden | Marilyn Hillenburg | Diane Zonko |
| Alleen Detherage | Barbara McGowen | |
| Edna Griffin | Mary Etta Platt | |

ONGOING FAMILY PRAYER NEEDS

| | | |
|---------------------|------------------|---------------------|
| Carla Bare | Bruce Johns | Russ Rowland |
| Carolyn Billingsley | Francis Kashwer | Berniece Rumsey |
| Alice Boley | Lisa King | Jerry Sampson |
| Sherman Boley | Betty Kirkland | Mary Sampson |
| John Bonwell | Carolyn Lee | Blinda Selim |
| Pam Bonwell | Virginia Lee | Rosie Steele |
| Ted Bryan | Glen Lyle | Sonny Steele |
| Shelia Byers | Darlene Mathis | Christina Stevenson |
| Shelia Comacho | Mac McCarthy | Marie Stow |
| Doug Cluck | Marie McCarthy | Ida Stover |
| Janis Cooper | Isaac Michael | Carson Swaim |
| Mike Corman | Cindy Nequette | Gloria Taft |
| Beverly Cummins | Jessica Nequette | Sharon Temme |
| Beverly Dunn | Karla Palmer | Charlie Mae |
| Kris French | Lois Powers | Thornton |
| Johnny Griffin | Janice Pratt | Sue Walton |
| Sheryl Griffin | Price Family | Cynthia Walvoord |
| Sharon Hamilton | Kim Pyles | Jerry Warren |
| Mary Harper | Charles Qualls | Erma Watson |
| Gerri Henderson | Lillian Qualls | Wanda Wilburn |

MILITARY PRAYER NEEDS

| | | |
|-------------------|---------------|------------------|
| Garrison Bare | Austin Gott | Zachary Robinson |
| Austin Battles | TJ Harrington | Justin Talbert |
| Blaise Chronister | Ben Lapp | Sedric Thomas |
| Stevens Copeland | Matt McDonald | Jakob West |
| Michael Eisenlohr | Cody Oliver | |

REJOICING WITH THE CHINS

David and Nancy Chin would like to announce the arrival of a 4-year old grandson, Owen Smentowski, from Vietnam. Owen (his American name) arrived on Saturday speaking only Vietnamese while the family speaks only English. Congratulations to David and Nancy and new parents Marc and Wendy of Broken Arrow.

BA CHURCH OFFICE

Part-Time Administrative Assistant

There is an immediate opening for a part-time Administrative Assistant to work in the church office.

Schedule:

2 days per week (Wed. & Thurs.) August – April

4 days per week (Mon. – Thurs.) May – July

Hours: 9:00 – 5:00

Qualifications: Excellent communication skills, detail oriented, proficient with MS Office Suite (Word, Publisher, PowerPoint, Excel, Outlook), team player with an ability to work in a dynamic team environment. Preferred candidates will also have web-based information, communication, and design experience.

Interest and resumes may be submitted to info@bacoc.org.

BROKEN ARROW CHURCH OF CHRIST

505 E KENOSHA STREET

BY THE NUMBERS

Week of February 19, 2023

| | |
|------------------------|---------|
| Bible Class | 231 |
| AM Worship (in person) | 406 |
| PM Worship | 189 |
| Wednesday | 269 |
| February MTD | 56,776 |
| February MTD Budget | 51,825 |
| MTD Over/Under | 4,951 |
| YTD | 133,991 |
| YTD Budget | 138,200 |
| Over/Under | (4209) |

Missions

| | |
|-----------|---------|
| Goal | 120,000 |
| Collected | 93,634 |

COMMUNITY NEEDS

Food Pantry Ministry

Coffee
Canned fruit
Canned chicken
Canned tuna
Breakfast cereal

Hope Harbor

Carb Balance Tortillas
Sugar-free barbeque sauce
Sturdy paper plates
Kleenex

MEETING TIMES

| | |
|----------------------|----------|
| Sunday Class | 9:00 am |
| Sunday Worship | 10:00 am |
| | 5:00 pm |
| Tuesday Ladies Class | 10:00 am |
| Wednesday Class | 3:00 pm |
| | 7:00 pm |

FEBRUARY

| | |
|----|--------------------------|
| 24 | Pop Up Girls Bible Study |
| | Women's Cookie Exchange |
| 25 | Clothing Room Opening |
| 26 | High School Devotional |

MARCH

| | |
|------|-------------------------------|
| 2 | GoldenAgers Game Day |
| 3-5 | Robbers Cave Family Retreat |
| 4 | Men's Breakfast |
| 6 | High School Boys Study |
| 7 | High School Girls Study |
| 9-19 | City of Children Mission Trip |
| 12 | Macy Keele Wedding Shower |
| 13 | B.A.Y. SALT |
| 14 | GoldenAgers Game Night |
| | High School Hang |
| | Timothy & Tabitha Class |
| 15 | B.A.Y. Class & Games |
| 16 | B.A.Y. Rec & Dinner |

OFFICE STAFF

Tim Pyles - Preaching Minister
Scott Keele - Associate Minister
Andrew Lemus - Youth & Family Minister
Jose Lozano - Hispanic Minister
Chad Noblett - Office Administrator
Colleen Detherage - Administrative Assistant

ELDERS PRAYER ROOM

Sunday morning - 9:00
Jerry Lundy (918) 633-6098
Brian Street (918-671-7348)

PRAYER CHAIN

8:00-5:00
Andrea Suffridge (918) 640-4094
After 5:00
Cynthia Walvoord (918) 855-6876